**Unit: Games and Sports Skills (Kicking/Foot Dribbling) Grade: 3rd-5th**

**Length: 2 week**

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| Stage 1: Desired Results | |
| Transfer | |
| *Students will be able to independently use their learning and skills to:*  *T1:* perform safe movements that provides the foundation for enjoyment, continued socialdevelopment through physical activity, and access to a physically active lifestyle*.*  *T2:* demonstrate competence in manipulative skills in dynamic situations such as kicking and dribbling a ball with their feet | |
| **Meaning** | |
| **Understandings:**  *Students will understand that…*   * the eyes and feet will work together * the body must be in the correct position for success | **Essential Questions:**  *Students will keep considering…*   1. Are my eyes looking at the item to strike? 2. Where are other students in relation to my body? 3. Will my movements hurt anyone? 4. Are my feet and body in the correct position? |
| **Acquisition** | |
| *Students will know…*   * the eyes and feet will work together * the proper foot and body position for a pass * the proper foot and body position for soccer skills * you may need to move your feet * how to identify common phrases such as preparation, movement, follow through, or recovery in a variety of movement skills **4th** * describe key elements of mature movement patterns **4th** | *Students will be skilled at…*     * dribbling with their feet in general space at slow to moderate jogging speed with control of ball and body. **3rd** * passing and receiving a ball with the insides of the feet to a stationary partner, “giving” on reception before returning the pass. **3rd** * using a continuous running approach and intentionally performs a kick along the ground and a kick in the air **3rd** * using a continuous running approach and kicks a stationary ball for accuracy **3rd** * dribbling with the feet in general space with control of ball and body while increasing and decreasing speed **4th** * passing and receiving a ball with the in- sides of the feet to a moving partner in a non-dynamic environment **4th** * passing and receiving a ball with the outsides and insides of the feet to a stationary partner, “giving” on reception before returning the pass **4th** * dribbling with feet in combination with other skills (e.g., passing, receiving, shooting) **4th** * kicking along the ground and in the air, and punts using mature patterns **4th** * combining foot dribbling with other skills **5th** * passing with the feet using a mature pattern as both partners travel **5th** * receiving a pass with the foot using a mature pattern as both partners travel **5th** * dribbling with mature patterns in a variety of small-sided game forms **5th** * demonstrating mature patterns in kicking and punting in small-sided practice task environments **5th** |
| Stage 2: Evidence/Assessing Learning | |
| **Performance Task(s):**  *Students will show that they really understand by…*   * improved accuracy when contacting and directing the ball. * demonstrating attention to form, power, accuracy, and follow-through in performing movement skills | **Other Evidence:**  *Students will show they have achieved Stage 1 goals*  *by...*   * observation * Oral response to teacher's questions (*informal Q&A, plickers, exit tickets, etc*) * Proper correction of skills based on self assessment |
| Stage 3: Learning Plan | |
| **Activities:**  [Soccer Unit](https://goo.gl/7atxjs), Omnikin, Footsal, Team Games  **Health:**  **Technology**  [**https://www.youtube.com/playlist?list=PLIovYQe5W0Rmx9nz5LbfKwgJOFkmm\_ti3&jct=fOwv3LVpAiqIrHXGVmp00Kj-NbaDJA**](https://www.youtube.com/playlist?list=PLIovYQe5W0Rmx9nz5LbfKwgJOFkmm_ti3&jct=fOwv3LVpAiqIrHXGVmp00Kj-NbaDJA) **5 How to videos.** | |

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