**Unit: Games & Sports Skills (Rolling) Grade: K-2 Suggested Length:1-2 weeks**

|  |  |
| --- | --- |
| **Stage 1: Desired Results** | |
| **Transfer** | |
| *Students will be able to independently use their knowledge and skills to…*  T1: perform safe movements that provide the foundation for enjoyment, continued social development through physical activity, and access to a physically active lifestyle. | |
| **Meaning** | |
| **Understandings:**  *Students will understand that…*   * practice is needed to achieve success. * rolling is an activity that includes bending and stretching. * they must manage and control their body. * bending the knees is a vital part of landing. | **Essential Questions:**  *Students will keep considering…*   * Why is it important to follow all safety rules in tumbling? * How does tumbling build strong muscles? * How to land safely on two feet? |
| **Acquisition** | |
| *Students will know…*   * how important it is to practice movement forms of various body parts including head flexion, extension and rotation. (K.2B) * how to use equipment and space safely and properly. (1.5A)(2.5A) * how to practice a skill (2.L030) | *Students will be skilled…*   * rolling sideways without hesitating (K.1G) * rolling backwards and forwards (K.1G) * showing a smooth transition from one body part to the next in rolling activities (1.L013)(2.1H) * demonstrate jumping using a controlled landing (1.L012) * demonstrate simple stunts while jumping and landing with control (2.1G) * perform controlled weight transfers-feet to hands (2.1I) |
| **Stage 2: Evidence/Assessing Learning** | |
| **Performance Task(s):**  *Students will show that they really understand by evidence of…*   * Demonstration * Teacher observation | **Other Evidence:**  *Students will show they have achieved Stage 1 goals by…*   * Peer observation |
| **Stage 3: Learning Plan** | |
| **Suggested Activities:**  [Gymnastics Unit](https://drive.google.com/open?id=0B1_YL_uWRTl4YWhEMWhicEJSQk0)  [Scooter Unit](https://drive.google.com/open?id=1IiCepDXPOCYwNxerEg81k2J0_gMghKfd)  **Suggested Health:**  **Suggested Technology:**   |  |  |  |  |  | | --- | --- | --- | --- | --- | | Monday:  LT: | Tuesday:  LT: | Wednesday:  LT: | Thursday:  LT: | Friday:  LT: | | Monday:  LT: | Tuesday:  LT: | Wednesday:  LT: | Thursday:  LT: | Friday:  LT: | | Monday:  LT: | Tuesday:  LT: | Wednesday:  LT: | Thursday:  LT: | Friday:  LT: | | |