**Unit: Games & Sports Skills (Rolling) Grade: K-2 Suggested Length:1-2 weeks**

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| **Stage 1: Desired Results** |
| **Transfer** |
| *Students will be able to independently use their knowledge and skills to…*T1: perform safe movements that provide the foundation for enjoyment, continued social development through physical activity, and access to a physically active lifestyle. |
| **Meaning** |
| **Understandings:***Students will understand that…** practice is needed to achieve success.
* rolling is an activity that includes bending and stretching.
* they must manage and control their body.
* bending the knees is a vital part of landing.
 | **Essential Questions:***Students will keep considering…** Why is it important to follow all safety rules in tumbling?
* How does tumbling build strong muscles?
* How to land safely on two feet?
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| **Acquisition** |
| *Students will know…** how important it is to practice movement forms of various body parts including head flexion, extension and rotation. (K.2B)
* how to use equipment and space safely and properly. (1.5A)(2.5A)
* how to practice a skill (2.L030)

 | *Students will be skilled…** rolling sideways without hesitating (K.1G)
* rolling backwards and forwards (K.1G)
* showing a smooth transition from one body part to the next in rolling activities (1.L013)(2.1H)
* demonstrate jumping using a controlled landing (1.L012)
* demonstrate simple stunts while jumping and landing with control (2.1G)
* perform controlled weight transfers-feet to hands (2.1I)
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| **Stage 2: Evidence/Assessing Learning** |
| **Performance Task(s):** *Students will show that they really understand by evidence of…** Demonstration
* Teacher observation
 | **Other Evidence:***Students will show they have achieved Stage 1 goals by…** Peer observation
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| **Stage 3: Learning Plan** |
| **Suggested Activities:** [Gymnastics Unit](https://drive.google.com/open?id=0B1_YL_uWRTl4YWhEMWhicEJSQk0) [Scooter Unit](https://drive.google.com/open?id=1IiCepDXPOCYwNxerEg81k2J0_gMghKfd) **Suggested Health:****Suggested Technology:**

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| Monday:  LT:    | Tuesday:LT:         | Wednesday:    LT:     | Thursday:   LT:     | Friday:  LT:       |
| Monday:     LT:    | Tuesday:     LT:    | Wednesday:  LT:       | Thursday:  LT:       | Friday:  LT:      |
| Monday:     LT:    | Tuesday:  LT:      | Wednesday:   LT:     | Thursday:  LT:      | Friday:  LT:       |

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